

To register, contact JudyBrewer@mdumc.org, register online at mdumc.org, or sign up in Friendship Court on Sunday mornings.

CREED: WHAT CHRISTIANS BELIEVE AND WHY

MONDAYS BEGINNING APRIL 10 | 6:30-8:30 PM | D216

Leaders: Ange Grout and Rebecca Pickett | \$12

TUESDAYS BEGINNING APRIL 18 | 6:30 - 8 PM | D218

Leaders: Paul Smith and Robert Pledger | \$12

WEDNESDAYS BEGINNING APRIL 19 | 10 - 11:30 AM | D219

Leader: Sandy Earthman | \$12

THURSDAYS BEGINNING APRIL 20 | 9:30 - 11:30 AM | D220

Leader: Vicky Harris | \$12

Join us for one of our 6 week studies centered around Adam Hamilton's book *Creed: What Christians Believe and Why*. Adam Hamilton believes that powerful answers to many of our complicated questions are contained in the Apostles' Creed, an early statement of foundational Christian beliefs. In *Creed*, he explores not only what Christians believe, but also why they believe, and why it matters. This leads readers to confront and examine their own core beliefs and go beyond reciting the Creed's familiar words.

THE GOSPEL OF LUKE WITH DR. ROBBINS

WEDNESDAYS | 10 AM & 6:30 PM | WESLEY HALL

Dr. Robbins teaches a verse-by-verse study of the Gospel of Luke. Bring your Bible and join us! The evening class coincides with Wednesday Night at MDUMC, and dinner is available beginning at 5:30 PM. \$8 per person (\$5 for kids and no more than \$25 per family).

MORNING MEDITATION FOR CHRISTIANS

WEDNESDAYS | 9 - 10 AM | D216

Leader: Betty Cartmell

This class is for anyone who would like to know about Christian meditation and centering prayer. We have time for teaching and learning, a question and answer period, plus experiential practice. All it requires is an open heart and a desire to explore this ancient practice.

EVENING MEDITATION FOR CHRISTIANS

TUESDAYS | 7 - 8 PM | D219

Leaders: Betty Cartmell, Pamela Lucia and Victor Resendiz

Often called "prayer of the heart" the quiet prayer discipline of meditation has been used by Christians for centuries to cultivate a deeper relationship with Christ who dwells in each of us. We read and discuss short topics on this gentle prayer, also known as "centering prayer" and "contemplation". We will spend time praying silently together as beginners and advanced practitioners.

WHAT THE MYSTICS KNOW:

SEVEN PATHWAYS TO YOUR DEEPER SELF

MONDAYS BEGINNING APRIL 3 | 7 - 8:30 PM | D217

Leader: Victor Resendiz | \$14

Organized according to the mystical paths that every worshiper must follow, author Richard Rohr identifies the despair of everyday life, and promotes opportunities for change in the face of pain, to transform one's deeper self into a beacon of light that aids in the perpetual metamorphosis of others.

HOLY WEEK PRAYER VIGIL & LABYRINTH WALK

APRIL 13 | 10 AM - 6 PM | WESLEY HALL

Join us as we pray for our world, our community, our families, and ourselves during our Maundy Thursday prayer vigil. If you have never walked a labyrinth, this is a great time to experience the gift of this type of prayer.

WALK TO EMMAUS

MEN'S WALK | APRIL 20 - 23

WOMEN'S WALK | APRIL 27 - 30

The Walk to Emmaus is a 72-hour (Thursday evening through Sunday evening) spiritual renewal program that is wrapped in prayer and meditation with special times of worship and daily celebration of Holy Communion. Rediscover Christ's presence in your life and form friendships that foster faith and support spiritual maturity!

REV. MICHAEL JARBOE SPEAKS AT ADULT CLASS LEADERS' LUNCHEON

APRIL 23 | 12 - 2 PM | D126

Rev. Michael Jarboe shares his use of Storytelling while teaching and preaching! You will be blessed by his message. All adult class members and leaders are invited to this free luncheon.

THE GOLD STANDARD CLASS

FLEXIBLE SCHEDULE

Over 120 people have completed this course of study, which will inform, enrich and challenge those interested in teaching, or becoming better teachers for adult classes. A flexible schedule can be set up for this eight-hour course that is provided by one-on-one tutoring.

CONTEMPLATIVE PRAYER RETREAT

MAY 15 | 8:30 AM - 3 PM | CENACLE RETREAT HOUSE (420 KIRKWOOD RD., 77079) | \$40

Leaders: Victor Resendiz, Pamela Lucia, Betty Cartmell

This retreat is a way to take your relationship with God and practice of contemplative prayer deeper. It offers time and space away from the busyness and demands of daily life. Registration closes April 30. Contact VictorResendiz@mdumc.org for more information.