

# The MDUMC Billboard – Thurs., July 12, 2018

Memorial Drive UMC *Our Adult Ministry* newsletter for *Boomers* (born 1946-1964) and *Seniors* (born 1945 or earlier).

All activities are open to anyone who's interested, especially those 53 and better! The more, the merrier! All our activities and events are alcohol-free, and everyone is welcome! Participants do not need to be a MDUMC member. Invite your neighbors and friends!

## Body, Mind & Spirit Thursdays

Come up to the Main Campus on any given Thurs., and you'll find something going on for older adults. Lunch at noon from the kitchen includes the main course, side, & dessert for \$5. Add \$2 if you also want a salad. We'll share a devotional before enjoying the afternoon activities. Questions? Contact [SheriKelley@mdumc.org](mailto:SheriKelley@mdumc.org).

**July 19** - not meeting during the week of Vacation Bible School

**July 26** - Potluck luncheon (see blurb below) at 11 AM in Friendship Court

## Potluck Luncheons Return

Beginning in July, on every 4<sup>th</sup> Thurs., the Potluck Luncheons will return. Set up will begin at 11 AM and the meal served at 11:30 AM. Everyone who attends is asked to bring a main dish, veggie, salad, or dessert. There have been requests for Bingo and Mahjongg at the **July 26** event which will be held in Friendship Court. We have plenty of wonderful prizes! We'll also have tables set up for Mahjongg and any other games you might want to play. Contact [SheriKelley@mdumc.org](mailto:SheriKelley@mdumc.org) for more information.

## Tour & Lunch at Treemont

**July 17 (Tues.)** - We'll leave at 9:30 AM for The Treemont senior living community. We'll tour and stay for a complimentary lunch, returning about 2 PM. Click on [www.treemont.com](http://www.treemont.com) to learn about this community. To make a reservation to attend, contact [SheriKelley@mdumc.org](mailto:SheriKelley@mdumc.org). There is a \$2 transportation fee. (Coming up - The Watercrest in Katy on Aug. 21, The Hallmark on Sept. 18, Eagles' Trace on Oct. 16, Brookdale on Jan. 15, Parkway Place on Feb. 19)

## Calling All Eagle's Trace Residents

Some of our members who live at Eagle's Trace would like to connect with other MDUMC members who also live there. If you'd be interested, contact [SheriKelley@mdumc.org](mailto:SheriKelley@mdumc.org) and we'll put something together.

### Buffalo Bayou Watershed Meeting

**July 30 (Mon.)** - In Wesley Hall at 6-8 PM, come hear Mayor Sylvester Turner and County Judge Ed Emmett as they describe projects that could be candidates for funding in the 2018 bond program. The public is invited, so spread the word!

### MDUMC Anniversary Celebration

**Sept. 16 (Sun.)** - At 5-7 PM in the West Main Campus Parking Lot, we'll celebrate the 60<sup>th</sup> anniversary of MDUMC and the 10<sup>th</sup> anniversary of The Journey! We, the Older Adults, will be in charge of taking tickets/money & handing out plates for the BBQ meal. Volunteers are needed! If you can pitch in for 30-60 min., please contact [SheriKelley@mdumc.org](mailto:SheriKelley@mdumc.org).

### Day/Weekend Trips

- Festival Hill in Round Top - On Sat., **July 14**, we'll leave at 1:30 PM to attend the concert *Homage to Claude Debussy* which will be presented at 3:30-5:15 PM. After the concert, we'll stop for dinner at the Garden Co. Marketplace & Cafe. The cost for the concert is \$25 plus \$2 for transportation (\$27). Please email [SheriKelley@mdumc.org](mailto:SheriKelley@mdumc.org). I can still get additional tickets. (19 so far)
- Co-Cathedral of the Sacred Heart - On Sun., **July 22**, we'll travel downtown for a 3:30 PM tour of this local Co-Cathedral. We'll leave from the Main Campus west parking lot at 2:30 PM. The only cost is the \$2 transportation fee. Love offerings will be accepted at the cathedral though. After the tour, we'll stop at Cleburne's Cafeteria for dinner. At this point, we have enough for a bus, but we can always take more! To sign up, contact Carol Halliday at [jraganh@icloud.com](mailto:jraganh@icloud.com) or 832/295-3730. (29 so far)
- Sailing out of Kemah - On Sat., **Aug. 4**, we're considering doing a 2-hr. sunset sail with Capt. Kidd Charters out of Kemah. The boat holds 28 people. The cost would be \$45/person (includes sail, gratuity, & transportation fee). The time would begin at 6:45 PM. We'll probably have dinner on the Kemah Boardwalk before we set sail. Right now, we're looking for a show of hands for those who would be interested in pursuing this option. If you'd be interested, email [SheriKelley@mdumc.org](mailto:SheriKelley@mdumc.org) immediately. (5 spaces remaining)
- A Port of Houston Ship Channel tour - On Wed., **Aug. 22**, we'll travel to the Port of Houston for the 1.5-hour boat tour of the ship channel. There is no cost for the tour, but the transportation fee is \$2/person. We'll leave at 8:30 AM since we'll board at 10 AM. We'll return after stopping for lunch. ID's are required to board the ship. Contact David Patrick at [dtpatrick@yahoo.com](mailto:dtpatrick@yahoo.com) or 713-480-5275 ASAP. (waiting list)
- Federal Reserve Building - (Please note the change of date!) On Tues., **Aug. 28**, we'll go on a 1.5-hour tour of this incredible facility and then enjoy lunch at The Dunlavy [www.thedunlavy.com](http://www.thedunlavy.com). Tours are free and begin at 10 AM, so

we'll leave at 9 AM. The only fee is the \$2 transportation fee. Sign up with Susan Garfield at [susangarfield1313@gmail.com](mailto:susangarfield1313@gmail.com). (21 so far)

- **Painted Churches Tour** - On Sat., **Nov. 3**, we'll travel to Schulenburg to tour the beautiful painted churches built by Czech and German settlers. We'll depart at 8:30 AM from the west parking lot of the Main Campus. We'll enjoy a buffet lunch at Momma's Restaurant in the historic Sengelmann Hall. Cost breakdown is tour + gratuity (\$12), transportation fee (\$2), and the buffet (\$12). The total cost per person is \$26. Please contact [SheriKelley@mdumc.org](mailto:SheriKelley@mdumc.org) if you'd like to sign up for this outing. (13 so far)

### What Interests You?

The list below is growing! Let me know which ones you'd be interested in. If you'd be willing to help coordinate one of these, let Sheri know!

1. Tour of a Sikh temple
2. A city tour of Houston
3. Houston tunnel tour
4. A tour of the Bryan Museum in Galveston
5. A tour of Bayou Bend
6. A tour of Brookwood followed by lunch at their café
7. A fall weekend trip Arkansas
8. *Death by Natural Causes* at the Museum of Natural Science
9. Tony Bennett at Smart Financial Center on **Aug. 23**; \$78/person
10. Guided tour of the Lanier Theological Library (only M - F)
11. Astros game

### This & That

- **Monday Bridge** - **Every Monday** at 1:30-4 PM at The Gate, join other Boomers & Seniors for bridge. We currently have 4 tables and are willing to add more! For more information or to sign up, contact [louisekiel@earthlink.net](mailto:louisekiel@earthlink.net).
- **Quilting Group** - **Every Monday** at 1-3 PM in Room D203, classes are held to teach interested persons how to create quilt blocks. These blocks can then be used to make a row quilt, a sampler, quilt, or many other smaller projects. All are welcome, especially beginners. Contact Linda Garside at 713-789-8021.
- **Zumba exercise classes** - Every **Mon. and Wed.** at 5:30-6:15 PM in the Scout House, there are Zumba exercise classes open to anyone who'd like to attend. The cost is \$5/class/person. No need to sign up. Just show up!
- **Mahjongg Group** - There is interest in starting a Mahjongg Group. Mahjongg is a tile-based game which was developed in China in the Qing dynasty and has spread throughout the world since the early 20th century. It is commonly played by four players. Plans are to have a seasoned player teach

newbies how to play. Contact Dodie Harris at [dodie70@icloud.com](mailto:dodie70@icloud.com) if interested.

### **Memorial Services**

Josephine (Jo) Corbin - joined the Church Triumphant on Saturday, June 30. Jo was the mother of Kathy Carter. A memorial service will be held on Thurs., July 12 at 2 PM in Friendship Court followed by a reception in Friendship Court. Rev. Jim McPhail will officiate.

Walt Neidert - joined the Church Triumphant on Monday, July 2; service pending

Barbara Sauder - joined the Church Triumphant on Monday, July 8; service pending

### **Opportunities to Be the Church**

The following suggestions are ways that we can be the church and establish our legacy within the church. Here are ways we can be in service both in the church and in the community. How can I reach out to others for the sake of the world?

Chess Anyone? - Looking for adults who would like to play/teach chess to children at 2:30-4:15 PM Tues. and Thurs. at Nottingham Elementary and at 3-5 PM on Mon. at Spring Forest Middle School. Working/playing with the kids is more important than a strong knowledge of chess. Contact Christine & Gale Jenkins at [chrisjenkins1536@gmail.com](mailto:chrisjenkins1536@gmail.com).

CrossWalk Houston - There are many ways we can help neighbors right here in our community. Contact Sedonia at [sedonia.finstad@gmail.com](mailto:sedonia.finstad@gmail.com).

Drivers Needed - Senior Rides and More needs drivers to volunteer for the service they offer to seniors in the area. If you'd be willing to provide rides on your own schedule, go to the website at [www.seniorridesandmore.org](http://www.seniorridesandmore.org).

Hurricane Relief Work - MDUMC is sending people down to Wharton, TX on weekends to help with their clean-up and reconstruction. About 60% of the homes in Wharton were affected by the hurricane. If you'd like to help in some way, please contact [KandiceKirby@mdumc.org](mailto:KandiceKirby@mdumc.org).

Memorial Assistance Ministries - MAM needs volunteers for Family Assistance Programs (Data Entry, Client Interviewer, Receptionist), ESL and Citizenship (teachers, assistants, tutors), Employment Services (Computer Literacy, Job Coach), Financial Literacy (Financial Instructor, Financial Coach), and Immigration. If interested, contact Pam Shirk at [PShirk@maministries.org](mailto:PShirk@maministries.org).

Rides for Older Adults - Some of our Older Adults are unable to drive themselves to the church for functions. If you're one of those people who needs a ride, please email [SheriKelley@mdumc.org](mailto:SheriKelley@mdumc.org). If you would be willing to give someone a lift, contact Sheri as well.

**Note:** Check out Senior Rides and More at [www.seniorridesandmore.org](http://www.seniorridesandmore.org) to find out how to get complimentary transportation for those 60+ to doctors'

appointments, grocery shopping, etc. Sunday transportation is not included. A week's notice is required.

**Note:** Bus service is provided to/from Parkway Place and Eagle's Trace on Sun. mornings. If you'd like to ride, please wait in the lobby for the bus to arrive between 8:45-8:55 AM. The bus will drop you back at your residence after the last worship service.

**Rotary Dial Phones** - The day school needs old rotary dial phones to use in their classrooms. This helps with eye-hand coordination. If you have a phone, please give it to Sheri in Friendship Court on Sun. or drop it off in her office during the week.

**Storytime Ministry** - This is an opportunity for our people to read stories to children in our day school. What a wonderful way to share the love of Christ with the next generation! If interested, contact [SheriKelley@mdumc.org](mailto:SheriKelley@mdumc.org).

**Second Family Care Team** - We are looking for individuals who would like to be a friend to someone who needs some TLC. It could be face-to-face visits or it could be a phone call! You set your schedule and your limits. It means so much to the care receiver though to know that someone cares. To find out more about this ministry, contact [SheriKelley@mdumc.org](mailto:SheriKelley@mdumc.org).

**Day School Donations** - The day school continues to ask for paper towel rolls, toilet paper rolls, sheets of bubble wrap, clear empty water bottles, applesauce cups, wallpaper books, home magazines, ribbon, or extra-large buttons. They also need 18-ct. egg cartons. Bring them to Sheri's table in Friendship Court on Sun. or to her office during the week. Let's help them collect the supplies they need!

**Vacation Bible School** - Volunteers are needed to help with VBS in the mornings on **July 16-20**. This is such a fun opportunity! To see where you can serve, contact [AllysonGeorge@mdumc.org](mailto:AllysonGeorge@mdumc.org).

**Voter Registration** - If you aren't yet registered to vote, please stop by Sheri's table in the Friendship Court to pick up a voter registration form. We are assembling teams to go out into the community to register voters. We'll probably target groceries stores, Walmart, etc. If you'd like to be a part of this drive, please contact [franklinolson@sbcglobal.net](mailto:franklinolson@sbcglobal.net).

**Wedding Guild** - People are needed to help couples on one of the most exciting days of their lives - their wedding day! You would get to know a couple and help them calmly navigate the ceremony. What a fulfilling and joy-filled ministry! If interested, please contact [christenharvey@mdumc.org](mailto:christenharvey@mdumc.org).

## Caring Ministries

If a contact person is not listed, please contact Rev. Jim McPhail at [jimmcp@mail.mdumc.org](mailto:jimmcp@mail.mdumc.org) or Sheri Kelley at [sherikelley@mail.mdumc.org](mailto:sherikelley@mail.mdumc.org) or call 713/468-8356. Our Parish Nurse, Linda Jenkins, can be reached at [LindaJenkins@mail.mdumc.org](mailto:LindaJenkins@mail.mdumc.org) or 713/468-8356, ext. 256.

**A.A. "Helping Others Group"** – every week on Tues. at 7:30 PM in D208 (Sheri)

**A.A. Roll Call Group** – meeting for 1<sup>st</sup> responders; Thurs. at 7 PM in D208; call Allen at 832-352-0709 (Sheri)

**ADDults** – 3<sup>rd</sup> Thurs. at 7 PM in D200; contact Martha Class at [marthacla@me.com](mailto:marthacla@me.com) (Sheri)

**AI-Anon "Keep Coming Back"** – every week on Tues. at 7:30 PM in C111 (Sheri)

**AI-Anon "Town & Country discussion AFG"** – Thursdays at 8 PM in D201 (Sheri)

**Alzheimer's Support Group and Respite Care** – 2<sup>nd</sup> Wed. at the Adult Ministry Center at 1 PM, contact Sandra Eshelman at 713-952-1772 (Jim)

**Alzheimer's Gathering** – 4<sup>th</sup> Wed. at the Adult Ministry Center at 10 AM-1:30 PM; Sandra Eshelman at 713-952-1772 (Jim)

**ASPIE** – support for person with Asperger's; 4<sup>th</sup> Thurs. at 7 PM in D100, contact Grayson Miller at [mgraysonmiller@gmail.com](mailto:mgraysonmiller@gmail.com) (Sheri)

**Blood Donor Ministry** – quarterly blood drives at the church (Jim)

**CanCare** – support for persons diagnosed with cancer and their families, contact 713-461-0028 (Sheri)

**Chronic Pain & Illness Support** – contact Sheri to get resource information (Sheri)

**DivorceCare** – Thursdays at 6 PM in D205 (Sheri)

**Family & Friends/Open Hearts**, a reconciling community of MDUMC for families & friends of gays & lesbians - 7 PM in D101 on the 2<sup>nd</sup> Thursdays of the month, contact Norma at 281/920-9555 (Sheri)

**Grief Share** – Thursdays at 6 PM in D206 (Sheri)

**Home Bound Communion** – delivering the elements to those who are physically unable to attend worship (Jim)

**Jobs Ministry - Texas HR Pros in Transition** – meetings for job seekers every Wed. at 6:30-9:30 PM at The Adult Ministry Center; contact Eric at 713-459-1045 (Sheri)

**Krist Samaritan Counseling** - 281-480-7554 and ask for the counselors at the MDUMC campus

**Medical Equipment** – provides medical equipment as long as needed, contact Denise Herbers at the Adult Learning Center at [deniseherbers@mail.mdumc.org](mailto:deniseherbers@mail.mdumc.org) (Jim)

**Medical Transportation** – provides rides for members to doctors' appointments and hospitals (Jim)

**National Alliance on Mental Illness** - contact NAMI Greater Houston at 713-970-4419 (Sheri)

- **NAMI monthly meetings** - 3<sup>rd</sup> Mon. at 7 PM in Wesley Hall
- **NAMI Connection Recovery Support Group** - 2<sup>nd</sup> & 4<sup>th</sup> Mon. at 6:30 PM in D101; for Young Adults dealing with diagnoses; Olivia Hudson 832-398-2000

**Neuropathy Support Group** – monthly meetings on the 4<sup>th</sup> Sat. at 1-2:30 PM in Room D100 (Sheri)

**Prayer Ministry** - The MDUMC Covenant Prayer Group offers prayer for those from whom they receive a request. Requests may be left in the collection plates on Sunday mornings or received on our website at [www.mdumc.org](http://www.mdumc.org).

**Prayer Shawl Ministry** - The Prayer Shawl Ministry lovingly creates prayer shawls to be given to persons who may be ill, experiencing a crisis, or celebrating a joy. Join the knitters on the 2<sup>nd</sup> Tuesday at 1-3 p.m. in D203 or on the 4<sup>th</sup> Thursday at 7-9 PM in D200. All skill levels are welcome!

**S.A.A.** – weekly meetings on Mondays at 7 PM in C201 (Sheri)

**S.A.A.** – weekly meetings on Wednesdays at 7:15 PM in Room D100 (Sheri)

**SOBR** – support for individuals dealing with substance abuse; call 713-270-6753 (Sheri)

**Second Family Care Team** – a circle of caregivers who support & encourage church family members on an as-needed basis; contact [SheriKelley@mail.mdumc.org](mailto:SheriKelley@mail.mdumc.org) or call 713/468-8356, ext. 119 (Sheri)

**Special Needs Ministry** – contact [AllysonGeorge@mail.mdumc.org](mailto:AllysonGeorge@mail.mdumc.org) or call 713/468-8356, ext. 111

**Stephen Ministry** - Trained Stephen Ministers are available for those who, during a stressful time, may need a caring, confidential supportive relationship. (Susan Wiley)

**Stroke Support Group** - meets weekly on Tuesdays at 10:30 AM at the Adult Ministry Center (Jim)